FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

in reality and reality of the period of the			2. Issuer Name and Ticker or Trading Symbol Floor & Decor Holdings, Inc. [FND]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) C/O FLOOR & DECOR HOLDINGS, INC.		,	3. Date of Earliest Transaction (Month/Day/Year) 05/26/2020	X	Officer (give title below) EVP ANI	Other (specify below)			
	DGE PARKWAY, S	,	4. If Amendment, Date of Original Filed (Month/Day/Year)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)							

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. Transac Code (Ir 8)		4. Securities A Disposed Of (D			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
		Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Class A common stock, par value \$0.001	05/26/2020	M		35,000	A	\$4.33	232,613	D	
Class A common stock, par value \$0.001	05/26/2020	S ⁽¹⁾		35,000	D	\$52.01(2)	197,613	D	
Class A common stock, par value \$0.001	05/27/2020	M		400	A	\$4.33	198,013	D	
Class A common stock, par value \$0.001	05/27/2020	S ⁽¹⁾		400	D	\$54	197,613	D	
Class A common stock, par value \$0.001	05/28/2020	M		34,476	A	\$4.33	232,089	D	
Class A common stock, par value \$0.001	05/28/2020	S ⁽¹⁾		34,476	D	\$54.02(3)	197,613	D	
Class A common stock, par value \$0.001							1,287	I	By daughter
Class A common stock, par value \$0.001							1,287	I	By daughter

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (In 8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		Ownership Form: Direct (D)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Stock Option (right to buy)	\$4.33	05/26/2020		М			35,000	06/17/2016	08/25/2021	Class A common stock, par value \$0.001	35,000	\$0	294,991	D	
Stock Option (right to buy)	\$4.33	05/27/2020		М			400	06/17/2016	08/25/2021	Class A common stock, par value \$0.001	400	\$0	294,591	D	
Stock Option (right to buy)	\$4.33	05/28/2020		М			34,476	06/17/2016	08/25/2021	Class A common stock, par value \$0.001	34,476	\$0	260,115	D	

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by Mr. Lang on March 2, 2020.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$52.06, inclusive. The reporting person undertakes to provide to Floor & Earning Floor (amp; Decor Holdings, Inc. (the "Company"), any security holder of the Company, or the staff of the Securities and Exchange Commission (the "SEC"), upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$54.00 to \$54.25, inclusive. The reporting person undertakes to provide to the Company, any security holder of the Company, or the staff of the SEC, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote

/s/ Monica Shilling, by power of attorney

05/28/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.