FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

O	MB	AP	PR	O\	/AI

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Laube Lisa			2. Issuer Name and Ticker or Trading Symbol Floor & Decor Holdings, Inc. [FND]		ionship of Reporting Person(s) all applicable) Director		to Issuer
(Last) (First) (M C/O FLOOR & DECOR HOLDINGS, INC 2500 WINDY RIDGE PARKWAY, SE	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 08/13/2020		Officer (give title below) PRESIDENT		Other (specify below)	
2500 WINDY RII (Street) ATLANTA (City)	GA (State)	30339 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indivi	dual or Joint/Group Form filed by One Form filed by Mor	e Reporting	,

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transac Code (Ir 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)		(Instr. 4)
Class A common stock, par value \$0.001	08/13/2020		M		20,000	A	\$2.85	144,297	D	
Class A common stock, par value \$0.001	08/13/2020		M		20,000	A	\$4.33	164,297	D	
Class A common stock, par value \$0.001	08/13/2020		S		40,000	D	\$67.3	124,297	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (In 8)		n Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Stock Option (right to buy)	\$4.33	08/13/2020		М			20,000	02/03/2017	02/23/2022	Class A common stock, par value \$0.001	20,000	\$0	33,093	D	
Stock Option (right to buy)	\$2.85	08/13/2020		М			20,000	02/03/2017	02/23/2022	Class A common stock, par value \$0.001	20,000	\$0	82,033	D	

Explanation of Responses:

/s/ Monica Shilling, by power of

08/14/2020

attorney

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).